

KIDS HOUSE

WHERE HOPE AND HEALING BEGINS



KIDS HOUSE SPOTLIGHT

CENTRAL 28 BEER CO.

For the month of April, Central 28 Beer Co. hosted a bingo night every Wednesday with the proceeds supporting Kids House! Central 28 Beer Co. was established by Geoff and Kathy DeBisschop in 2014 and opened July 30, 2015. Geoff has been brewing professionally for more than 26 years and Kathy has been working in the craft beer industry, for 18 years. Central 28 is a fully functioning brewery with a taproom that is open seven days a week with food trucks every day with dog-friendly outdoor space. Thank you Central 28 for hosting a wonderful and fun benefit for Kids House!

PARTNERSHIP WITH PROJECT LINUS

Kids House is happy to be partnered with Project Linus. They have volunteers that work hard to handmade different kinds of blankets so that each child that comes to Kids House can take one home. Like Kids House, Project Linus cares about the children we see and that each one deserves comfort. Thank you for your recent donation of two dozen blankets!

JIM PAYNE 5K

Saturday, May 29th, 2021, Jim Payne from Wesh 2 and Wops Hops Brewery hosted a 5K benefit for Kids House! Kids House is so grateful for the tremendous turnout and with over \$5,000 raised, we truly couldn't have done it without those who donated, volunteered, and helped support the event! Special thank you to Jim Payne, Wops Hops Brewery, our sponsors, volunteers, and of course all of the participants-runner, walkers, and staff.



PARENTS CORNER

MENTAL HEALTH DURING SUMMER

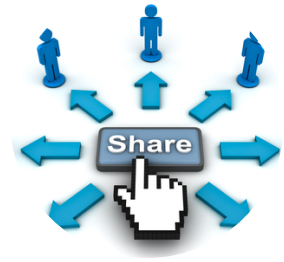
For some, the summer months can become overwhelming and can bring up triggers. This summer focus on your mental health and enjoy time with the family. Even though school is out and children like to stay up late, make sure you are maintaining a healthy sleep schedule. Also, remember to set goals, this will help motivate you and gives you something to reach for. If feelings of stress, worry, or anxiety start to arise, try breathing exercises or meditate to help you focus and relax.

SUMMER FAMILY FUN

Let the summer fun begin! Summer is the best time to do things as a family. Here are a few ideas that you can do to stay busy. Get up and get outside and exercise! Go for a morning walk as a family before the heat or a pajama family night walk before bed. You can also build an obstacle course in the backyard and pretend to be ninjas! Add a water bag pinata to the end of the course and enjoy the homemade waterfall! Once you're ready for a nice day indoors, challenge the family with a puzzle race, everyone gets a 100-piece puzzle and sees who can finish theirs first. You can also read a chapter book aloud and start a whole series as a family. Make it a new family tradition taking turns reading a chapter aloud each day or night.

WELCOME INTERNS!

Caroline Allen- Child Advocate Intern
Crystal Bessing- Child Advocate Intern
Dawn Parker- Mental Health Intern



GET INVOLVED

SHARE SOCIAL MEDIA POSTS

Help bring awareness to child abuse and neglect through social media. Every like, comment, repost, share, mention, and tag helps spread the word on what Kids House does and how we help our children. Be sure to follow us on all social media.

HOST A BENEFICIARY EVENT

Are you interested in helping Kids House raise money for our children? Hosting your own event for Kids House can be as easy as putting on a bake sale, workplace events such as "wear jeans day for a donation to Kids House," or even a car wash.

ONLINE SILENT AUCTION

Host an online silent auction for Kids House. Online silent auctions can reach and accommodate a much larger audience than traditional in-person auctions. This allows you to include family, friends, neighbors, donors, and more. Encourage your primary audience to share your auction with their connections, including through social media.

LEAVE A GOOGLE REVIEW

Share an experience or why you support Kids House on Google! It's easy, log into your Google account, go to kidshouse.org, and leave a review. You can add stars, share an experience, and/or explain why you support Kids House and our mission to prevent child abuse and help child victims and families heal.

www.kidshouse.org/donate

-NOTEWORTHY NEWS-

EVENTS

Ponte Health Annual Golf Tournament Beneficiary Event-
Thursday, October 14, 2021 at 8:30am
Kids House 13th Annual Gala -
Saturday, November 6, 2021 at 5:00pm



THANK YOU!

Women's Amateur Invitational Tennis League (W.A.I.T.)-
\$250.00 Club donation
April's Pinwheels for Prevention donations-
\$1,400 in donations
Teresa Parnell-
\$100 Donation
Altamonte Spings Women's Club-
\$200 Donation

For more information about events please contact
Jennifer Napier at 407-324-3036 ext. 241 or napier@kidshouse.org